



## THE IMPORTANCE OF REGULAR ORAL HEALTH CHECKS

We are committed to preventative dentistry and central to this philosophy are regular examinations at the practice. This examination will ensure your long term oral health so that you can enjoy your smile for many, many years. When you attend the practice for these checks a full examination of your teeth and gums is undertaken and early detection of any problems can save the need for extensive dental treatment.

The examination can also detect any abnormalities that could develop into mouth cancer where early treatment would be paramount.

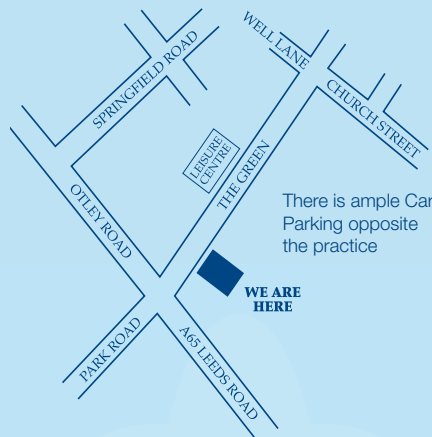
### Tips:

- Use an electric toothbrush - our hygienists will show you an effective way to use them successfully.
- Alternatively, a small headed manual toothbrush with medium textured nylon bristles.
- Use a fluoride toothpaste. Try not to rinse after toothbrushing and spit out any excess paste instead.
- Brush for two minutes twice a day. It is much more effective to brush thoroughly twice a day than to brush four or five times quickly.

## THE IMPORTANCE OF DENTAL HYGIENE

A dental hygiene appointment has three main roles:

1. Teaching patients good home care and daily oral hygiene.
2. Removing deposits from teeth. Techniques used include scaling with hand instruments and ultrasonic scalers. This enables more effective home care
3. Treating gum disease. The two main categories are gingivitis and the more serious periodontitis which is caused by plaque, a sticky film of bacteria. If left undetected or untreated, it can lead to tooth loss.



## FOR THE LESS ABLE

Our practice has some facilities to assist patients with disabilities to access care. If you do have any disability that you think we need to know about please give us a call before your appointment and we will do our best to put suitable arrangements in place to accommodate your needs.

## IF YOU HAVE A COMPLAINT

We aim to make your experience at the practice as pleasurable as possible. However, should you have any complaints, please contact Mark Greenwood or Susan Atkinson who will be able to deal with your complaint and talk you through our procedure. Alternatively you can pick up a copy of the procedure from reception or download from our website.

## OPENING HOURS

Monday	9.00am - 7.00pm
Tuesday	8.30am - 5.30pm
Wednesday	8.30am - 5.30pm
Thursday	8.30am - 5.30pm
Friday	8.30am - 4.00pm

Our Surgeries are closed for lunch from 12.30pm - 2.00pm (12.30pm - 1.30pm Fridays)  
Reception remains open for enquiries during the lunch period

## PATIENT CONFIDENTIALITY

We take patient confidentiality extremely seriously and all personal information is treated in the strictest confidence. To see a copy of our Confidentiality Policy, please ask at reception or download from our website.

## IN NEED OF URGENT TREATMENT?

If you are in pain during surgery hours please telephone the practice and every effort will be made to see you as soon as possible. If you are in pain outside of surgery hours please call the practice and our answerphone will confirm the out-of-hours service available. Alternatively see our website for more details.



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[www.guiseleydentalcare.co.uk](http://www.guiseleydentalcare.co.uk)



# WELCOME....



On behalf of the whole team we would like to extend you a warm welcome to our practice. The ethos of the practice is to provide you with excellent dentistry in a warm and welcoming environment. We want to make you proud of your smile. At Guiseley Dental Care we believe that prevention is better than repair and it is our aim to prevent dental disease rather than treat it at a later date.

It is estimated that despite the importance of dental health, half the population do not visit a dentist regularly. Irregular dental appointments often result in more extensive and consequently more expensive dental treatment.

## YOUR APPOINTMENT

We always try to see patients at the appointed time. If you are kept waiting there is normally a good reason and your patience is always appreciated. If you need to cancel an appointment we require 24 hours notice to enable us to make alternative arrangements, perhaps to see somebody who is in pain. There will be a charge for short notice cancellations or missed appointments. You will be asked to complete a medical history questionnaire

detailing past and present medical conditions and any medication you may be taking. Please make a note of any existing or new medications and tell us about them when you next attend an appointment

## PAYING FOR YOUR TREATMENT

Following this initial assessment/consultation we will be able to provide you with a personalised treatment plan and estimate of cost. For more complex cases further appointments may be necessary before a treatment plan can be formulated. Once a decision to proceed with treatment has been taken financial arrangements can then be made to suit. Generally payment is due on the day of treatment and is accepted via cash, personal cheque and most debit/credit cards. You can also budget for your routine dental care with our monthly Denplan Payment Plan. Please ask for further details. Appointments are charged according to the length of time spent in the surgery. Please refer to the practice fee guide for details of current treatment costs.

# YOUR DENTAL TEAM

**Mr Geoff Baggaley** Principal Dentist  
B.Ch.D. (Leeds) 1981, D.G.D.P. (UK) Dip.Con.Sed.

**Mr Peter Everson** Principal Dentist  
B.Ch.D. (Leeds) 1981, M.Sc. (Birmingham)

**Mrs Liz Everson** Associate Dentist  
B.Ch.D. (Leeds) 1982

**Mrs Alison Little** Associate Dentist  
B.Ch.D. (Leeds) 1982

**Mrs Nga Ross** Associate Dentist  
B.Ch.D. (Leeds) 2002, M.F.D.S. R.C.S. Eng 2005

**Mrs Jo-Anne Boulby** Hygienist  
C.E.B. Dip. Dental Hygiene 1995, F.A.E.T.C., Cert. Ed.

**Mrs Julie Melville** Hygienist  
C.E.B. Cert. in Dental Hygiene 1986, Dip. D.H.E.

**Mrs Sue Walklett** Hygienist  
C.E.B. Cert. in Dental Hygiene 1984

All of our Dentists, Hygienists and Nurses are registered with the General Dental Council (GDC) and adhere to the to the GDC Standards for Dental Professionals

## YOUR MANAGEMENT TEAM

**Mr Mark Greenwood** Business Manager  
B.Sc.(Hons)

**Mrs Susan Atkinson** Administration Manager

# COSMETIC CARE

It is now possible to improve the look of your smile and achieve a long lasting natural appearance. Knowing how important the role of your teeth is in the appearance of your smile, we provide a variety of services to help create a smile to be proud of.

### Crowns

A porcelain or metal cover for either a damaged or unsightly tooth. The porcelain crowns are carefully crafted to look natural and blend in with surrounding teeth.

### Natural Coloured Fillings

Unightly metal fillings can often be replaced by natural coloured fillings to improve the look of your smile.

### Veneers

These are thin, porcelain covers for teeth which can sometimes be used to improve their appearance. They may require less tooth-removal than needed when fitting a crown.

### Tooth Whitening

A system that will remove most stains with a gentle action that will oxidise (bleach) stain within your teeth, restoring them to a natural colour.

### Bridges

We can firmly fit a replacement tooth or teeth which are then carefully attached to adjacent teeth.

